



*I hereby give my permission for the above named student to practice and compete in Hartland Lakeside approved sports*

Parent/Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**RETURN THIS FORM DIRECTLY TO MR NEKICH or YOUR SCHOOL OFFICE by Friday September 9, 2015.**

**Please visit the athletics website [www.hartlake.org](http://www.hartlake.org)  
Email John Nekich at [jnekich@hartlake.org](mailto:jnekich@hartlake.org) or Text 414-699-5015 with further questions.**

## **AMSAC Basketball INFO**

Basketball Assessments are a tool Hartland Lakeside uses to help place kids on teams as equal as possible in grades 5 - 7. It uses the assessments to separate teams by A, B and C skill level for 8<sup>th</sup> graders. Please note other factors may also be involved in team placement of a child. As a basketball community we need to support the variety of skill levels, and find meaningful roles for all kids on the court. We will use what they know to make strong teams by building positive relationships, building self esteem, and ensuring they receive quality instruction.

- ⤴ Check Out the Athletics Website [www.hartlake.org](http://www.hartlake.org)
- ⤴ Turn in a completed activity permit.
- ⤴ Get A Sports Physical completed before you play. You can get a form from the District Nurse, or use a form from the doctor.
- ⤴ Read the concussion info before you play
- ⤴ Kids will need: athletic shoes, comfortable clothes to play in (t-shirt, shorts) They will NOT need to bring there own ball.

✧ water bottle/snack optional but encouraged for breaks, and after practice.

✧ A back pack for it all to fit in